

Beyond Feng Shui – Eliminating Geopathic Stress from Homes and Workplaces

Feng Shui: Literally “Wind Water” (or harnessing wind and channeling water). Known as the Chinese art of placement, it’s now mostly thought of as a method for improving “luck” by harmonizing your home environment with local landforms and energies. *Lung Mai* (Veins of the Dragon) is the Chinese name for a subterranean water stream, causing *Sha Qi*, unhealthy energy. It’s one of the 60+ types of Earth Energy I work with almost daily. Many Feng Shui texts recommend the removal of geopathic energies before proceeding with other “cures”.

Geopathic Stress: “Geo” means earth. “Pathos” means suffering. Stress is a pressure, tension, or strain on something. So Geopathic Stress is a strain on our bodies caused by forces generated within, across, or above the Earth, causing some form of suffering. An energy practitioner would see it as a disruption in the “etheric field”, the healing blueprint of our bodies, often physically manifested as adrenal over-stimulation and eventual fatigue.

Geopathic Stress Elimination, sometimes known as **Earth Acupuncture**, is NOT about improving luck, prosperity, or your love life. It moves beyond most popularized Feng Shui goals and practices by seeking out and rerouting local energy patterns that cause stress to bodies (human or otherwise) resting over them, the original goals of ancient Feng Shui. **This is mostly a problem of location and duration.** If a third of your time is spent in bed and another third at a stationary worksite, those are the areas of prime interest.

Earth Energies themselves are ubiquitous and usually unsensed, so their elimination involves somehow detecting them, finding their exact path, identifying them, quantifying and qualifying their energies, and finally avoiding them, dissipating them, or deflecting them around the area in question. First researched in Germany in the early 1900’s, some of these energies can now be located using precision instruments such as electroscopes, magnetometers and scintillation counters, but many still resist detection by any means but dowsing.

What is dowsing? It’s using your body as a “tunable” sensing device to detect, locate, qualify, or quantify things. Traditionally used to find underground water or mineral ores, it can (and has been) used to find almost any conceivable “target” including these energies. While many animals can easily sense Earth Energies, using them for navigation among other things, humans have, for the most part, seemingly lost this ability. I found mine in 1982.

What are these Earth Energies? It’s theorized that most originate as benign energy deep within the Earth, radiating upward but warped into geopathic form by cavities, mineral ore concentrations, faults, and veins of underground water. Many of them are referred to as “lines”. But they exist as 3-dimensional “planes”, invisible walls that can be vertical or horizontal. A few of them are man-made but most are naturally occurring. They are spaced as frequently as every 18 inches, all the way up to hundreds of miles apart. They can be arrow-straight or meandering, singular or periodic, spiraling, cylindrical, or even branched. And all of them have a characteristic width and a pattern, or “signature”, that can be traced using dowsing.

How are they removed? As I practice it, shaped rods of “mild steel” or copper are placed at strategic points along the geopathic formations to dissipate them or divert them around a building. The length of the rods and their shape are varied to get the best result without sending additional negative energy into neighboring buildings. The rods can be buried around the perimeter of the structure or placed on/in interior/exterior walls. The maximum deflection occurs at the vertical elevation of the rod, diminishing as you move upward or downward.

What are the general symptoms of stress? They include but aren’t limited to: insomnia, obesity, headaches, depression/anxiety, exhaustion, high blood pressure, hair loss, irritable bowels, infertility, allergies, hard-to-diagnose pains, immune system depression, and chronic, slow-onset diseases, even cancer. Excessive stress can be caused by injuries, air pollution, water impurities, food contamination from additives, packaging materials, and pesticides, indoor chemical fumes and fungal, bacterial, or mite allergens, electromagnetic pollution, and self-imposed strains from poor dietary choices, caffeine, nicotine, and alcohol. **Geopathic Zones can be “the last straw”** to an immune system already stretched thin by these other physical strains combined with emotional pressures and inherited genetic weaknesses.

The primary goals of my research have been to identify these energy patterns, to standardize their names using precise pattern descriptions, to conduct experiments in energy deflection and dissipation, and to publish a thorough and systematic survey of this information. This has involved work on over 170 homes and businesses in the past nine years, and publication of the 2nd Edition of my book, “Planetary Patterns – A Dowser’s Survey of Earth Energies”, available online at our web address.